### **Resource Sheet**

If you are looking for services that are not listed below, Please visit <u>https://www.211texas.org/</u> or call the YWCA Sun 'N Fun at 806-776-9505 and we would love to try and connect you to local resources and services.

### Food Assistance:

- YWCA of Lubbock
  - Grab and Go Lunches available for anyone under 18 years of age
  - Served Mon-Fri from 11:00 to 1:00 at the YWCA Sun 'N Fun from the concession stand window on the pool patio.
- Catholic Charities, Diocese of Lubbock
  - Food voucher walk-ins: Wednesdays and Fridays from 1:00 PM 3:30 PM
- Lubbock Meals on Wheels
  - Starting Monday, March 23, volunteers will pick up and drop off coolers using the drivethrough
  - Volunteers that are delivering routes 1 31 are asked to arrive between 10:45 AM 11:00 AM
  - Volunteers that are delivering routes 32 63 are asked to arrive between 11:00 AM 11:15 AM
- Salvation Army
  - Dining room closed. Take-away meals being provided at regular meal times.
- South Plains Food Bank
  - Working with other community stakeholders to ensure food security for children, seniors, and others affected by the health crisis. More information will be posted as it becomes available.
- Lubbock ISD -- Curbside Pickup and School Bus Distribution

Beginning Monday, March 23, curbside pickup will be available at 16 Lubbock ISD campuses Monday through Friday, from 12 - 1:30 p.m.

- Curbside Meals A few important guidelines and location information can be found in this flyer.
- School Bus Distribution beginning on Monday, March 23, with 20 buses delivering food across the city of Lubbock. Routes will begin at 12 p.m. and run until 1:30 p.m. in order of their regular stops. The bus numbers have not changed from their regular routes, so students who normally ride the bus will be familiar with the bus numbers. We have a map on our website at <u>www.LubbockISD.org/healthupdates</u> for all families to view the campus and school bus distribution sites near their location.

### Unemployment:

If your employment has been affected by the coronavirus (COVID-19), apply for benefits either online at any time using <u>Unemployment Benefits Services</u> or by calling TWC's Tele-Center at 800-939-6631 from 8:00 AM - 6:00 PM Central Time, Monday through Friday. There is no waiting period for those whose employment has been affected by COVID-19.

## Potential Employment Options:

- Due to increased demand for goods, local branches of stores such as United, Costco, and Amazon.com warehouse and delivery services have indicated job opportunities.
- Those in need of work can search for jobs at <u>WorkInTexas.com</u>.

### Screening for Individuals with Symptoms Consistent with COVID-19

- The Department of Health and Human Services recommends
- <u>Covenant Health</u>
  - <u>Virtual Visits</u> with a provider via smartphone, tablet or computer and receive special care recommendations.
  - <u>Coronavirus Assessment Tool</u>: Online assessment tool to check symptoms and receive advice related to COVID-19
    - Grace Clinic 4515 Marsha Sharp Fwy, Lubbock, TX 79407
    - Health Plus 7601 Quaker Ave, Lubbock, TX 79424
    - Northwest Clinic 611 N Frankford Ave, Lubbock, TX 79416
    - Southwest Medical Park 9812 Slide Rd, Lubbock, TX 79424
- UMC Health System
  - <u>Virtual Visits</u>: Visit with a provider on your smartphone, tablet or computer and receive specific care recommendations
  - Drive-Up Screening: Available on the far south end of UMC near the Texas Tech softball field from 7:00 AM to 7:00 PM
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# **Childcare Options:**

Gov. Abbott's March 19 executive order does not apply to daycare centers. At this time, all daycare centers may remain open with the following measures:

- Health checks on all children outside of the building including having their temperatures taken.
- Drop off and pick up will be at the door of the facility.
- Parents who want to go to the classroom will also have their temperature taken as will all staff.

The YWCA of Lubbock has extended our camp services to offer care to anyone who has been impacted by the school district closures. Hours of care will be from 7:30am to 6:00pm. The YWCA is a licensed CCS provider and we are following the guidelines set forth by Child Care Licensing, the CDC and the American Academy of Pediatrics. Please see our childcare tab on our website for more information.

### Talking to Children about the Coronavirus:

- <u>https://www.uwwesternct.org/sites/uwwesternct.org/files/\_UWWC/files-</u> pdfs/COVID19/TIPS%20PARENTS\_TEACHERS\_CAREGIVERS%20%20COVID%2019.pdf
- https://www.pbs.org/parents/thrive/how-to-talk-to-your-kids-about-coronavirus

Additional Resources on COVID-19:

- United Way frequently updated local resource list: <u>https://www.liveunitedlubbock.org/local-resources</u>
- Current situation and cases in the US: <u>https://www.cdc.gov/coronavirus/2019-ncov/cases-in-us.html</u>
- Map of Coronavirus COVID-19 Global Cases: <u>https://www.arcgis.com/apps/opsdashboard/index.html#/bda7594740fd40299423467b</u> <u>48e9ecf6</u>
- DSHS: <u>https://dshs.texas.gov/coronavirus/</u>
- CDC: <u>https://www.cdc.gov/coronavirus/2019-ncov/index.html</u>
- o Travel Advisories: <u>https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html</u>