

# Gym/Rock Wall Schedule

Talkington Fitness Center | 6204 Elgin  
806-771-0184 | [www.ywcalubbock.org](http://www.ywcalubbock.org)



## Open Gym Schedule (Summer Hours)

Monday: 6:00am-8:30am & 11:00am-1:00pm

6:00pm-9:00pm (Check with Front Desk to confirm availability)

Tuesday: 6:00am-8:30am & 11:00am-1:00pm

6:00pm-9:00pm (Check with Front Desk to confirm availability)

Wednesday: 6:00am-8:30am

6:00pm-9:00pm (Check with Front Desk to confirm availability)

Thursday: 6:00am-8:30am & 11:00am-1:00pm

6:00pm-9:00pm (Check with Front Desk to confirm availability)

Friday: 6:00am-8:30am & 11:00am-1:00pm

6:00pm-9:00pm (Check with Front Desk to confirm availability)

Saturday: 9:00am-6:00pm (Check with Front Desk to confirm availability)

Sunday: Noon-6:00pm (Check with Front Desk to confirm availability)

## Rock Wall Schedule (Summer Hours)

Monday-Friday: 9:00am-4:00pm & 6:00pm-9:00pm

Saturday: 8:00am-6:00pm

Sunday: 12:00pm-6:00pm

**\*Effective Monday, May 27<sup>th</sup> - All times are subject to change\***